



Walker Therapy Services

DIFFERENCES BETWEEN THERAPISTS, SOCIAL WORKERS, PSYCHOLOGISTS, MFT'S AND CPC'S

PSYCHOLOGISTS

- Require PhD or PsyD
- Focus on assessing the client
- Do psychological testing
- May offer therapy services

CLINICAL PROFESSIONAL COUNSELOR

- Requires master's degree
- Similar interests as psychologist's
- Focuses on the individual

MFT'S

- Marriage and family therapist
- Looks at the immediate dynamics of the client's situation
- Views the issues as non-internal
- May do individual therapy, or see how the family dynamics affect the client

SOCIAL WORKERS

- Looks at systems or dynamics in the family as well as society
- See's what resources they can provide to help the client or the community
- Can provide therapy on an individual or social level