



Walker Therapy Services

DSM 5-TR, DIAGNOSTIC CRITERIA FOR ADHD

- **There are 3 types of ADHD 1) Inattentive type 2) Hyperactive/impulsive type 3) Combined**
- **An adult would have to meet at least six of the symptoms of either one of the types or a combination of symptoms from multiple types**
- **ADHD needs to be diagnosed by a medical professional**
- **ADHD is biological but can be mild, moderate, or severe**
- **ADHD can go into partial remission meaning that your brain has changed and adapted to deal with the disorder so you may not relate to all the symptoms**
- **Some symptoms include inability to focus, start or maintain tasks, forgetfulness, inability to sit still and relax, frequently interrupting, butting into others business unintentionally/intentionally, answering questions or making comments before a question or comment has been finished (blurting out), failing to pay attention to details (skipping over information while reading), losing things often that are necessary to complete a task, fidgeting, and becoming easily distracted.**